



IECHYD A GOFAL GWLEDIG CYMRU
RURAL HEALTH AND CARE WALES

Rural Health and Care Conference

*Optimising Rural Health and Wellbeing,
now and in the future*

11/11/20

Presentation 1 12 noon – 12.30 pm		
<p>Using multi-disciplinary team (MDT) meetings to manage patients identified as having frailty based on the electronic Frailty Index (eFI)</p> <p><i>Francesca Saleh, 4th yr Medical Student, Cardiff University School of Medicine; Dr Marco Arkesteign, Lecturer in Sport & Exercise Biomechanics; Aberystwyth University; Dr Sue Fish, Clinical Senior Lecturer CU / GP</i></p>	<p>The Advantages of C19 when working with the Disadvantaged</p> <p><i>Barry Eveleigh, Service Manager, Kaleidoscope Powys</i></p>	
Presentation 2 12.30 pm – 1.00pm		
<p>Benefits of providing a local serial casting service for children and young people in Powys</p> <p><i>Ellen Thompson, Clinical Specialists Paediatric Physiotherapist; Becky Morgan, Assistant Practitioner, Powys Teaching Health Board</i></p>	<p>A report on Solva Community Land Trust Housing Needs survey</p> <p><i>Jessica Buchanan, Community Action Researcher; Sue Denman, Chair, Solva Community Land Trust; Solva Care</i></p>	
Presentation 3 2.00pm – 2.30pm		
<p>Remote Monitoring to identify escalating risk traits preventing falls</p> <p><i>Brian Brown, Director of ARMED, HAS Technology Ltd. Aaeron Edwards, Implementation & Delivery Manager (Telecare Cardiff); Senior Project Manager (TEC Cymru)</i></p>	<p>Showcase the difference that the Creative Respite Project has made to Carers and Young Carers in Powys during lockdown</p> <p><i>Marie Davies,, Coproducting Respite Coordinator, Credu</i></p>	
Presentation 4 2.30pm – 3.00pm		
<p>How Green Prescribing to outdoor woodland activities can play a role in rural health and well-being</p> <p><i>Natasha Simons, Research and Evaluation Officer, Coed Lleol / Small Woods Wales</i></p>	<p>Compassionate, Creative, Co-produced Community Hubs</p> <p><i>Mike Hotson, Joint CEO; Sara Wentworth, Joint CEO, A4W Innovation CIC (arts4wellbeing)</i></p>	<p>“Becoming Dad”: identifying the support needs of fathers in their transition to parenthood</p> <p><i>Elizabeth Glyn-Jones, Midwife; Shelley Higgins, Consultant Midwife, Powys Teaching Health Board</i></p>



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Cynhadledd Iechyd a Gofal Gwledig

Optimeiddio Iechyd a Llesiant Gwledig,
'nawr ac yn y dyfodol

11/11/20

Cyflwyniad 1 12 hanner dydd-12.30 pm		
<p>Defnyddio cyfarfodydd timau amlddisgyblaethol i reoli cleifion y nodir bod ganddynt eiddiledd yn seiliedig ar y Mynegai Eiddiledd electronig (eFI) <i>Francesca Saleh, Myfyrwraig Meddygaeth y bedwaredd flwyddyn, Ysgol Feddygol Prifysgol Caerdydd</i> <i>Dr Marco Arkesteign, Darlithydd mewn Biomecaneg Chwaraeon ac Ymarfer Corff; Prifysgol Aberystwyth;</i> <i>Dr Sue Fish, Uwch-ddarlithydd Clinigol, Prifysgol Caerdydd/meddyg teulu</i></p>	<p>Manteision C19 wrth weithio gyda'r Difreintiedig <i>Barry Eveleigh, Rheolwr y Gwasanaeth, Kaleidoscope Powys</i></p>	
Cyflwyniad 2 12.30pm-1.00pm		
<p>Manteision darparu gwasanaeth castio cyfresol lleol ar gyfer plant a phobl ifanc ym Mhowys <i>Ellen Thompson, Ffisiotherapydd Pediatrig Clinigol Arbenigol;</i> <i>Becky Morgan, Ymarferydd Cynorthwyol, Bwrdd Iechyd Addysgu Powys</i></p>	<p>Adroddiad ar yr arolwg o Anghenion Tai Ymddiriedolaeth Tir Cymunedol Solfach <i>Jessica Buchanan, Ymchwilydd Gweithredu Cymunedol;</i> <i>Sue Denman, Cadeirydd, Ymddiriedolaeth Tir Cymunedol Solfach; Gofal Solfach</i></p>	
Cyflwyniad 3 2.00pm-2.30pm		
<p>Monitro o Bell i nodi nodweddion risg cynyddol i atal cwmpadau <i>Brian Brown, Cyfarwyddwr ARMED, HAS Technology Ltd.</i> <i>Aaeron Edwards, Rheolwr Gweithredu a Chyflenwi (Telecare Caerdydd); Uwch-reolwr Prosiectau (TEC Cymru)</i></p>	<p>Arddangos y gwahaniaethau y mae'r Prosiect Seibiant Creadigol wedi'i wneud i Ofalwyr a Gofalwyr Ifanc ym Mhowys yn ystod y cyfyngiadau symud <i>Marie Davies, Cydlynnydd Cydgynhyrchu Seibiant; Credu</i></p>	
Cyflwyniad 4 2.30pm-3.00pm		
<p>Y modd y gall Presgripsiynu Gwyrdd i weithgareddau coetir yn yr awyr agored chwarae rôl mewn iechyd a Lles gwledig <i>Natasha Simons, Swyddog Ymchwil a Gwerthuso, Coed Lleol/Small Woods Cymru</i></p>	<p>Hybiau Cymunedol Tosturiol, Creadigol, a Gynhyrchwyd ar y Cyd <i>Mike Hotson, Prif Swyddog Gweithredol ar y Cyd; Sara Wentworth, Prif Swyddog Gweithredol ar y Cyd, Cwmni Buddiannau Cymunedol Arloesol A4W (arts4wellbeing)</i></p>	<p>"Dod yn Dad": Nodi anghenion cymorth tadau yn y cyfnod pontio wrth iddynt ddod yn rhieni <i>Elizabeth Glyn-Jones, Bydwraig; Shelley Higgins, Bydwraig Ymgynghorol, Bwrdd Iechyd Addysgu Powys</i></p>