



IECHYD A GOFAL GWLEDIG CYMRU
RURAL HEALTH AND CARE WALES

Rural Health and Care Conference

*Optimising Rural Health and Wellbeing,
now and in the future*

11th November 2020

AGENDA

- 10:00 **Chairs' Welcome** –Prof. Vivienne Harpwood, *Chair, Mid Wales Joint Committee for Health and Social Care*
- 10:15 **Official Opening of Day 2 of the Conference** –Elin Jones MS, *Senedd Llywydd*
- 10.30 **Plenary 1:** *tbc*
- 10.55 **MINUTE's SILENCE**
- 11.05 **Plenary 2: Susan Denman, Trustee and Together for Change Programme Lead, Solva Care**
Harnessing the Positive Effect of Covid-19 for sustained Community Action
- 11:30 **Poster presentations**
- 12:00 **Presentation 1** – *select from 2 options*
- 12:30 **Presentation 2** – *select from 2 options*
- 13:00 **Lunch**
- 14:00 **Presentation 3** – *select from 2 options*
- 14:30 **Presentation 4** – *select from 3 options*
- 15:00 **Plenary 3: Dr Sarah-Anne Munoz, Head of Rural Health and Wellbeing, University of the Highlands and Islands**
Towards a Research Agenda for Global Rural Mental Health
- 15:30 **Closing address & award for best Poster**
- 15:45 **Close**



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Cynhadledd Iechyd a Gofal Gwledig

Optimeiddio Iechyd a Lles Gwledig, nawr ac yn y dyfodol

11^{ed} Tachwedd 2020

AGENDA

- 10:00 **Croeso gan y Cadeirydd – Athro. Vivienne Harpwood,**
*Cadeirydd, Cyd-bwyllgor Canolbarth Cymru ar gyfer Iechyd a
Gofal Cymdeithasol*
- 10.15 **Agoriad Swyddogol 2ail Ddiwrnod y Gynhadledd – Elin Jones**
AS, Llywydd y Senedd
- 10.30 **Sesiwn Llawn 1: tbc**
- 10.55 **MUNUD O DAWELWCH**
- 11.05 **Sesiwn Llawn 2: Susan Denman, Ymddiriedolwr ac Arweinydd**
Rhaglen Gyda'n Gilydd dros Newid, Gofal Solva
*Harneisio Effaith Gadarnhaol Covid-19 ar gyfer Gweithredu
Cymunedol parhaus*
- 11:30 **Cyflwyniad posterï**
- 12:00 **Cyflwyniad 1 – dewis o 2 opsiwn**
- 12:30 **Cyflwyniad 2 – dewis o 2 opsiwn**
- 13:00 **Cinio**
- 14:00 **Cyflwyniad 3 – dewis o 2 opsiwn**
- 14:30 **Cyflwyniad 4 – dewis o 3 opsiwn**
- 15:00 **Sesiwn Llawn 3: Dr Sarah-Anne Munoz, Pennaeth Iechyd a**
Llesiant Gwledig, Prifysgol yr Ucheldiroedd a'r Ynysoedd
*Anelu at Agenda Ymchwil ar gyfer Iechyd Meddwl Gwledig Byd-
eang*
- 15:30 **Anerchiad olaf a gwobr am y Poster gorau**
- 15:45 **Diwedd**